


Salem Lutheran Church

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1 9:30 a.m. Education Team 1:00 p.m. Busy Needles	2 8:00 a.m. Women's Renewal at Salem 9:00 a.m. (co-ed) Bone Building	3 8:00 a.m. Men's Renewal 6:00 p.m. Soup Supper 7:00 p.m. Lenten Service at Community Church	4 9:30 a.m. Quilting Party	5 9:00 a.m. (co-ed) Bone Building	6
7 9:00 a.m. Traditions Communion Worship 9:20 a.m. Early Dismissal for Kid's Church 10:15 a.m. Coffee & Fellowship	8 1:00 p.m. Busy Needles	9 8:00 a.m. Women's Renewal at Salem 9:00 a.m. (co-ed) Bone Building 4:00 p.m. PMLT 6:00 p.m. Membership Team	10 8:00 a.m. Men's Renewal 9:30 a.m. Martha Circle 6:00 p.m. Soup Supper 7:00 p.m. Lenten Service at Salem 8:00 p.m. Council	11 9:00 a.m. Chaplain's Meeting at UMC, Pine River 9:30 a.m. Quilting Party 1:00 p.m. Ruth Circle	12 8:30 am-3:30 pm Child/Teen Checkup Clinic 9:00 a.m. (co-ed) Bone Building	13
14 9:00 a.m. Traditions Worship 9:20 a.m. Early Dismissal for Kid's Church 10:15 a.m. Coffee & Fellowship <i>Set clocks ahead 1 hour</i>	15 1:00 p.m. Busy Needles	16 8:00 a.m. Women's Renewal at Salem 9:00 a.m. (co-ed) Bone Building 6:30 p.m. Choir	17 8:00 a.m. Men's Renewal 6:00 p.m. Soup Supper 7:00 p.m. Lenten Service at Community Church <i>St. Patrick's Day</i>	18 8:30 a.m. Living Waters Spring Gathering at Salem 9:00 a.m. Caring Community 9:30 a.m. Quilting Party	19 9:00 a.m. (co-ed) Bone Building	20
21 9:00 a.m. Praise Connection Communion Worship 9:20 a.m. Early Dismissal for Kid's Church 10:15 a.m. Coffee & Fellowship	22 1:00 p.m. Busy Needles	23 8:00 a.m. Women's Renewal at Salem 9:00 a.m. (co-ed) Bone Building 6:30 p.m. Choir	24 8:00 a.m. Men's Renewal 6:00 p.m. Soup Supper 7:00 p.m. Lenten Service at Salem	25 9:30 a.m. Quilting Party	26 9:00 a.m. (co-ed) Bone Building	27 Lay Leader Extravaganza "The Marks Of Discipleship" at Lutheran Church of The Good Shepherd, Duluth
28 Palm Sunday 9:00 a.m. Traditions Worship 10:15 a.m. Continental Breakfast Served by Salem Youth	29 1:00 p.m. Busy Needles	30 8:00 a.m. Women's Renewal at Salem 9:00 a.m. (co-ed) Bone Building 9:00 a.m.	31 8:00 a.m. Men's Renewal 6:30 p.m. Choir			

Fill a grocery bag for a hungry family.



A donation to your local foodshelf can make a bag full of groceries go a long way. By mixing and matching items, we can help a family eat balanced, nutritious meals. The next time you're at the store, fill a bag for us.

Breakfast:

- Canned fruit juices
- Hot and dry cereals
- Dry, powdered or canned milk

Lunches/Dinners:

- Hearty soups (chunky type)
- Tuna fish
- Canned beef, poultry
- Peanut butter
- Canned fruit, vegetables
- Canned or boxed main dishes
- Rice, macaroni, spaghetti
- Spaghetti sauces
- Baked beans
- Canned chili, stews
- Potato buds

Food Staples:

- Crackers
- Sugar, flour
- Coffee, tea, hot chocolate
- Pancake, biscuit mixes

Special Needs:

It's up to the individual to select the right foods and we certainly will help you.

Sundry Basics:

- Toilet paper, facial tissue
- Bath soap, shampoo
- Deodorant
- Feminine sanitary supplies
- Laundry, dish soap
- Toothpaste/Tooth brushes

Baby Items:

- Diapers
- Baby shampoo
- Cereal
- Infant formula/Powdered milk
- Bath powder
- Wipe towels

Special Treats:

- Cake, cookie, muffin mixes
- Granola bars
- Pudding, Jell-O mixes
- Graham crackers
- Packaged cookies

WOMEN'S SPRING GATHERING

March 18, 2010
at Salem Lutheran Church

Theme: "How does the Potter Mold You?"

Bible Verse: Isaiah 64:8 "We are the clay and You are the Potter"

Speakers: Walker Area Pregnancy Center
Cass County Family Safety Network (tentative)
An entertaining skit about Mission Action, Mission Community, Mission Growth

HEALTH KITS FOR LUTHERAN WORLD RELIEF

People who must flee their homes quickly often do not have time to pack essential items. Health kits can help refugees maintain personal hygiene while living in exile. Items may also contribute to a new start for those who can return home.

- 1 hand towel, dark color
- 1 washcloth, dark color
- 1 bar of soap, wrapped (4-5 oz.)
- 1 adult size toothbrush in original wrapper
- 1 sturdy comb, not in packing
- 1 METAL nail file or nail clipper with file attachment, not in packing; NOT an emery board
- 6 band-aids 1/2"-3/4" secured together in a rubber band
- NO toothpaste (it will be added when shipped)

Cash donations are also welcome.

LWR reports that it takes about \$2.65/kit to add the toothpaste and ship overseas.

Bring your items to the church. There is a box in the entryway for these items. We will focus on these HEALTH KITS during the month of March. There is a desperate need for them since the Earthquake in Haiti. LWR warehouses are pretty much depleted.

Watch for info next month for items for other kits.

LAKES AREA PREGNANCY SUPPORT CENTER (LAPS) NEEDS LIST

INCENTIVE PROGRAM NEEDS

Coupon items for which our Incentive Program participants can redeem their coupons:

- *Crib (slats 2-3/8" apart) New crib mattresses & pads
- *Pack 'n Play portable cribs & linens Crib linen sheets
- *High Chairs *Strollers
- *Baby Swings Baby wipes & toiletries
- *Bouncy seats
- Diapers (preemie, newborn, size 1,2 & 3)
- (*items may be new or gently used)

DAILY NEEDS

These are non-coupon items, offered to all clients as needed and as available:

- Gently used crib sheets & mattress covers
- Maternity & baby clothes (all sizes & seasons)
- Diaper bags
- New and used receiving blankets & quilts
- Miscellaneous baby necessities
- Material for nursing moms

GIFT BAG ITEMS

These items are included in gift bags clients receive upon the birth of their babies:

(All gift bag items must be new)

- Receiving blankets & quilts Toiletries (travel-size packs are great!)
- Baby wipes Infant brush, comb & nail clippers
- Newborn or preemie size outfits Pacifiers, baby toys
- New diaper bags
- Onesies, sleepers (especially preemie), socks, cap/bonnets, booties
- Bottle brushes, 4 oz & 8 oz baby bottles, burp cloths
- Mom gift packs (shower gel, soaps, shampoo, lotions, etc.)

We have constant need for these items or the money to purchase them.

Monetary and material donations are tax deductible.

For more information contact Mary Schmid - 363-3327